



Off-Duty Protocol

When leaving our jobsite or vessel, after your shift is over or returning home when your tour has ended, it is important to follow these guidelines:

- Practice Social Distancing: Coronavirus needs people like all of us to multiply and spread. **Keep 6 feet away from people** outside of your household.
- Stay away from other people outside of your immediate household, i.e.
 - No Birthday Parties, no play dates for the kids, no public places where you may be closer than 6 feet from other people.
- If you need to go outside to buy groceries, fuel, or other essentials, **Wear Gloves.**
- Avoid Air Travel if possible and drive your own vehicle if practical.
- Practice good hygiene, wash your hands frequently, and sanitize your household.
- If you feel ill or someone in your household is showing signs of being ill, call your doctor immediately for advice and your company to find out what the company policies and procedures are for returning to work.
- When you return to work, you will be required to verify your health status and will likely be scanned with a thermometer for body temperature and asked to fill out a return-to-work questionnaire.